



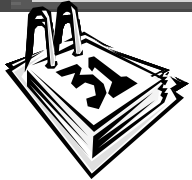
CAPITAL AREA WOODWORKERS

WOODSHOP ADVISOR



Volume 26 Issue 5

May 2013



Upcoming Meetings

Tuesday, May 7th, 2013

Social Time 5:15 to 6:30

Meeting starts promptly at 6:30

MCL Cafeteria

2151 Wabash Ave

Program

Dennis Bowman (guest speaker)
will discuss Timber structures and
Log homes

CAW Officers 2013

President	Dennis Gross	487-7479
Pres. Elect	Ric Thompson	415-5568
Past President	Bob Wire	529-4436
Treasurer	John Forneris	529-8928
Editor	Open	
E mail: Caw.woodworker@sbcglobal.net		
Web Master	Open	
Video Librarian	Open	



April Meeting Notes by Dennis Gross

Dennis Gross opened the meeting at 6:30

Announcements:

- Treasurer John Forneris gave the 2013 1st quarter treasurers report, providing us with the balance, announcing yearly expenditures; one of these purchases was a laptop for the club for the use in presentations
- Bob Wire announced that he has obtained a guest speaker for May's meeting
- Members were reminded of future club activity dates other than regular meeting dates
- Norm Koerner suggested places the club could go on a summer/fall trip and has agreed to research the matter further
- Jim Roles was announced and presented a program on First Aid and Shop Safety
- 50-50 was drawn
- Meeting was adjourned around 7:40

April's Program was on Safety and Shop First Aid

This is one of those topics we often ignore until something happens. Some of the highest number of injuries are from Power nailers with Table saws closely behind..

Many common causes for injuries are:

- Lack of personal protective equipment
- Fatigue
- Not reading manuals
- Unsuitable clothing
- Defective equipment/missing guards
- Insufficient working area
- Poor lighting
- Bad judgment/ taking chances

Bad judgment/taking chances is probably the single most cause of injuries that get us woodworkers. Those stupid things we know we shouldn't do, but think we can get away with.

Important tips we were told is that:

- we should have a phone in our shop to request help if injured.
- Wash our hands before treating any minor injury
- Stay calm
- Clean wound with soap and water and avoid alcohol or peroxide (I was always taught you should disinfect the wound with alcohol), but we were told that this can slow the healing
- If any doubt, seek qualified medical attention

I think this was a good safety and first aid reminder and most of us attending the meeting learned something new. Hopefully we won't need to use this first aid knowledge, but if needed we are a little more prepared.

First-Aid Supplies We Should Have on Hand

First-Aid Supplies

- Band-aids, Steri-strips, Tegaderm dressing
- Sterile gauze sponges, feminine pad
- Eye wash solution
- Coban and clear tape
- Crazy glue
- Splinter forceps
- Scissors
- Magnifying lens (with light)
- X-Acto knife or #11 scalpel
- Glue syringe
- Non-latex exam gloves
- Gallon size Zip-lock bag



SHOW AND TELL

Table made by Norm Koerner, using purchased stair posts for the legs sawing off one end



Picture frame made by Dennis Gross with walnut and aspen using 3 different router bits, with a final touch of burning a design in the aspen to give it some detail

